

# INDOOR POOL SCHEDULE FALL (GROUP EVENTS/PRACTICES)

Valid – October 1st – November 3rd

## MONDAY:

6 am – 7 am.....Master Swim Practice – 2 Lanes  
8:30 am – 9:30 am.....Water Aerobics – Limited Lane Space  
4 pm – 5:30 pm.....ECA Practice (4 - 4:30, 2 Lanes; 4:30 - 5:30, 3 Lanes)

## TUESDAY:

5 am – 6:30 am.....ECA Practice – 3 Lanes  
8:30 am – 9:30 am.....Water Aerobics – Limited Lane Space  
4 pm – 5:30 pm.....ECA Practice – 3 Lanes

## WEDNESDAY:

6 am – 7 am .....Master Swim Practice – 2 Lanes  
8:30 am – 9:30 am.....Water Aerobics – Limited Lane Space  
4 pm – 5:30 pm.....ECA Practice (4 - 4:30, 2 Lanes; 4:30 - 5:30, 3 Lanes)

## THURSDAY:

8:30 am – 9:30 am.....Water Aerobics – Limited Lane Space  
4 pm – 5:30 pm.....ECA Practice (4 - 4:30, 2 Lanes; 4:30 - 5:30, 3 Lanes)

## FRIDAY:

6 am – 7 am .....Master Swim Practice – 2 Lanes  
8:30 am – 9:30 am.....Water Aerobics – Limited Lane Space  
4 pm – 5:30 pm.....ECA Practice (4 - 4:30, 2 Lanes; 4:30 - 5:30, 3 Lanes)

## SATURDAY:

7 am – 9 am.....ECA Practice – 4 Lanes

## SUNDAY:

OPEN



**NOTES:**

1. High School programs will begin early November. Please be aware of schedule changes.
2. We strive to maintain at least one lap lane available for lap swim during scheduled events. Please see front desk associate or swim coach on deck if you have any difficulty obtaining space to swim. We will do our best to accommodate you.
3. Special events such as swim meets and birthday parties are NOT included in this document. Will be released when necessary.
4. Member are invited to swim with the Masters group. Please see front desk for information on how to get involved.