



## *Outdoor Pool Summer 2022 SCHEDULE*

### **Monday**

6am – 8am	ECA Practice Long Course
8:30 am – 10:30 am	Summer Swim League Short Course
8:30 am – 9:30 am	Water Aerobics
10:30 am – 4pm	Recreational Swim and Pool Groups
4 pm – 6:00 pm	ECA Practice Short Course
6:30-8:00pm	CCA Practice Long Course
8:00 pm	Pool Closes

### **Tuesday**

6am – 8am	ECA Practice Long Course
8 am – 4pm	Recreational Swim, Short Course and Pool Groups
4 pm – 6:00 pm	ECA Practice Short Course
6:30-8:00pm	Long Course Open Swim & Recreational Swim
8:00 pm	Pool Closes

### **Wednesday**

6am – 8am	ECA Practice Long Course
8:30 am – 10:30 am	Summer Swim League Short Course
8:30 am – 9:30 am	Water Aerobics
10:30 am – 4pm	Recreational Swim and Pool Groups
4 pm – 6:00 pm	ECA Practice Short Course
6:30-8:00pm	CCA Practice Long Course
8:00 pm	Pool Closes

### **Thursday**

6am – 8am	ECA Practice Long Course
8 am – 4pm	Recreational Swim, Short Course and Pool Groups
4 pm – 6:00 pm	ECA Practice Short Course
6:30-8:00pm	Long Course Open Swim & Recreational Swim
8:00 pm	Pool Closes

### **Friday**

6am – 8am	ECA Practice Long Course
7 am – 8 am	Masters Swim Practice
8:30 am – 10:30 am	Summer Swim League Short Course
8:30 am – 9:30 am	Water Aerobics
10:30 am – 4pm	Recreational Swim and Pool Groups
4 pm – 6:00 pm	ECA Practice Short Course
8:00 pm	Pool Closes

See Reverse

## Saturday

8 am – 10 am	ECA Practice Long Course
10 am – 5:30 pm	Recreational Swim
5:30 pm	Pool Closes

## Sunday

10am pm – 5:30 pm	Recreational Swim
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## Long Course Lap Swim (50m)

Long course is typically available the following times

M-F	6 am – 8 am and 6:30 pm to pool close
Sat	All Day
Sunday	All Day

## Short Course Lap Swim (25yards)

Short course is available when long course is down

## General Information

- During all **swim practices** the Sports Center strives to make **space available** to members for both recreational swimming and lap swimming. Please see a lifeguard or a coach on deck if there appears to be no space for your needs
- We will **close** the outdoor pool at the first indication of a **thunderstorm**. In most situations this will be thunder and the pool will remain closed until the storm exits the area. It is deemed safe when we do not hear thunder for 30 minutes
- **Swim diapers** are required for all **children** who are not potty trained
- Please see the outdoor **rules** sheet for additional information on **age related restrictions**
- Periodically the pool will need to be **closed** for maintenance or an event. We will strive to make members aware of this in advance. Please check our **Facebook** page for updated information.
- Lifeguards will call **pool break** at 10 minutes to the hour, every hour. Pool breaks will last for **10 minutes**. Patrons under the age of 16 will be required to **clear** the pool. This gives our lifeguards and opportunity to switch stand positions and rehydrate.