

2022 Swim Conditioning Program

Program Fees

Members	\$125.00 per child
Non-Members	\$145.00 per child

Registration Form

A form is required for each child participating in the program
Fees are due when the form is submitted – Please note payment information at top

General Information

Dates -- The program will begin May 31st and run to July 21st

Ages – Rising 7th grade through rising 12th grade

Goals – The goal of this program is to develop swimming skills necessary to be competitive at the high school level. Athletes must be able to swim at least a 50 freestyle and float on their back to enroll. Swimmers will be separated into ability based lanes to give every athlete the opportunity to grow.

Attire – Swim suits will not be provided but are required. Our coaching staff will communicate uniform requirements during the parent meeting and via e-mail.

There will only be 40 swimmers allowed in the program. Slots are filled on a first come first serve basis, with preference given to members.

Practices

Tuesday/Thursday 5:15-6:30pm
(Practice canceled due to weather will not be made up)

Registration Closes - Friday May 20th

